55. The system according to claim 54, wherein said processing means is further capable of storing a predetermined target value and a series of questions.

56. The system according to claim 55, wherein said processing means is further capable of comparing a sensor measured physiological parameter with said predetermined target value to determine a variance.

57. The system according to claim 55, wherein said processing means is capable of accepting and storing a new predetermined target value and series of questions from said remote monitoring system.

58. The system according to claim 54, wherein said interrogation means further comprises at least one of a keyboard, a plurality of buttons and a microphone.

59. The system according to claim 54, wherein said communication means comprises at least one of a modem, a serial interface, a LAN connection and a wireless transmitter.

60. A patient interface system for use in collecting and transferring data from a patient suffering from a cardiac associated disease to a remote monitoring system, said system comprising:

(a) a patient data input and data receiving means comprising:

(i) a sensor means comprising monitoring unit for monitoring a physiological parameter and producing a measurement; and

(ii) an interrogation means comprising a means for creating visual and audio signals;

(b) a processing means capable of:

(i) receiving and storing data from said patient data input means;

(ii) storing a predetermined target value and a series of questions;

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(iii) comparing said sensor measured diagnostic parameter with said predetermined target value to determine a variance; and

(iv) accepting and storing a new predetermined target value and series of questions from said remote monitoring system; and

(c) a communication means capable of transferring said patient data from said processing means to a remote monitoring system and receiving instructional data from said remote monitoring system.

61. The system according to claim 60, wherein said interrogation means further comprises at least one of a keyboard, a plurality of buttons and a microphone.

62. The system according to claim 60, wherein said communication means comprises at least one of a modem, a serial interface, a LAN connection and a wireless transmitter.

63. A method for collecting and transferring data from a patient having a condition to a remote monitoring system, said method comprising:

(a) obtaining a weight measurement with a monitoring unit for monitoring a physiological parameter and producing a measurement;

(b) processing said measurement with a processing means; and

(c) transferring said processed measurement with a communication means to the remote monitoring system.

64. The method according to claim 63, wherein said processing comprises comparing said measurement with a predetermined target value to determine a variance, wherein said processing means stores said predetermined target value and a series of questions.

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